

The only program endorsed by the Japan Shiatsu College

professional course

Shiatsu Therapist

Japan Shiatsu College

EJS INTERNATIONAL Shiatsu School

Welcome

養成

You have just opened the dossier that will guide you to begin

a new journey

that will make you the person you want to be.

A journey where we will help you to develop your potential, at the end of the program you will achieve the only purpose of Shiatsu: **people who treat people.**

The peculiarity of this therapy is that you only need

your hands as a professional tool.

Thanks to that simplicity, I have been teaching Shiatsu for more than 35 years all over the world without the barrier of language being an obstacle.

"Simple" requires skills,

knowledge and precision without relying on other tools.

I encourage you to start this journey that will transform your life

See you in class!

Master Onoda

Founder of the Japanese School of Shiatsu,
direct disciple of the creator of Shiatsu; Tokujiro Namikoshi.
With Formative License of the JAPAN UNIVERSITY.

shiatsudo.com | Tlf. 913 457 124 | centro@shiatsudo.com

the hands are your future

If you are interested in

- contributing to improve health,
- identifying,
- solving problems and independently develop a

successful professional career...



...this is your school

solid, practical and dynamic training

our teachers work as a professional Shiatsu therapists, providing added value to student training.

Qualification endorsed by the JAPAN SHIATSU COLLEGE

PERSONALIZED monitoring, supervision and evaluation.

UNIQUE METHODOLOGY with training procedures similar to the Japan Shiatsu College of Japan.



...and your professional **career,**

which will open up a full world of opportunities. At the end of the program you will can:

- **Open your own center**
- **Develop your profession in therapy clinics**
- **Be a professional sport coach**
- **Collaborate with rehabilitation, wellness and aesthetic centers**
- **Access the Shiatsu Working Program, the School's employment program.**

At the **EJS** we receive a multitude of globally offers, for the recommendation and hiring of therapists graduated at our school.



turn your passion into a career.

Professionals increasingly in demand today.

*The Shiatsu Professional Course includes:

- **Training in Radiological Diagnosis.**
- **Training in Emotional Intelligence Course**
- **Training in Chikung.**

*The minimum training to obtain the certificate endorsed by Japan Shiatsu College is Level 1 and Level 2.

Study plan

Level 1
Japanese Shiatsu School Certificate

Domain of the Shiatsu Namikoshi technique

Master the position, intensity and type of pressure in each area of the body.

Basic knowledge of the 8 movements of the spine.

Knowledge of the basic anatomy principles

Level 2
Shiatsu Technician

Complete domain of Shiatsu on a stretcher technique

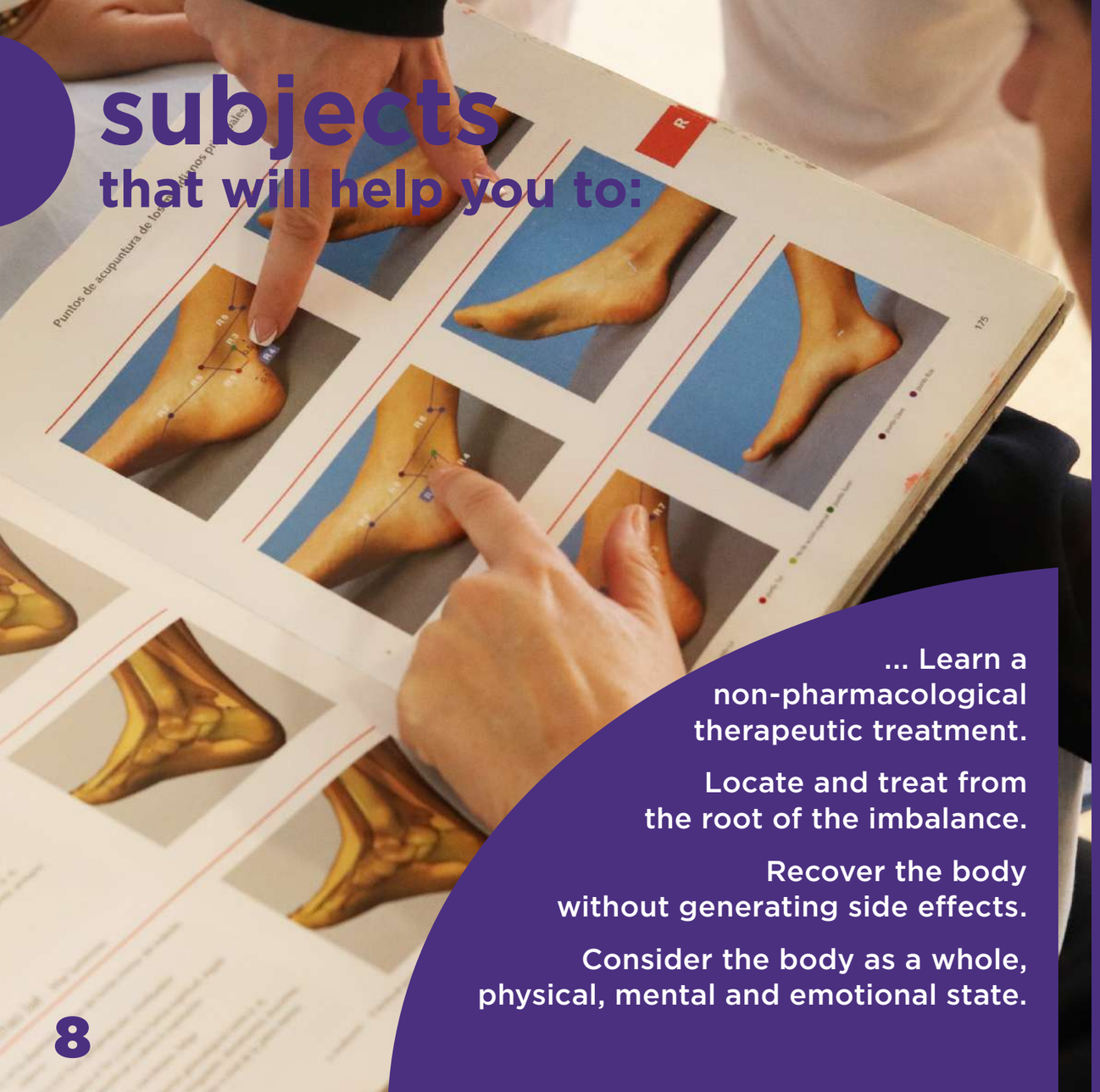
High knowledge of physiology, anatomy, nutrition, biology and Traditional Chinese Medicine.

You will be able to perform a wellness and rebalancing treatment.

You will learn how to relate and apply the theoretical practice foundations

Trained to work as a Shiatsu therapist.





subjects
that will help you to:

... Learn a non-pharmacological therapeutic treatment.

Locate and treat from the root of the imbalance.

Recover the body without generating side effects.

Consider the body as a whole, physical, mental and emotional state.

NIVEL 1

PRINCIPAL SUBJECTS	CREDITS (EES)
Health Sciences Terminology.	1
Human Anatomy I.	7
Physiology I	7
Biology	6
Biochemistry	6
Histology	2
Health Education	2
Nutrition and diet	3

PRINCIPAL SUBJECTS	CREDITS (EES)
Foundations, history and Shiatsu Namikoshi (techniques).	13
Chinese traditional medicine I	7
Palpatory Anatomy I	6

TOTAL CREDITS 60

NIVEL 2

PRINCIPAL SUBJECTS	CREDITS (EES)
Biostatistics and clinical research.	6
Human Anatomy II	8
Physiology II	8
Biophysics	6
Psychology	6

PRINCIPAL SUBJECTS	CREDITS (EES)
Foundations, history and Aze Shiatsu (techniques)	13
Traditional Chinese Medicine II	5
Palpatory Anatomy II	4
Streching and Shiatsu	2
Sotai Ho. Body rebalancing	2

TOTAL CREDITS 60

preparation for the real environment

A high percentage of the population will suffer at least once in the life of:

- Low back pain
- Anxiety disorders
- Cervicalgia
- Emotional disorders
- Muscle injuries
- Consequences of sedentary lifestyle
- Work overload
- Anguish
- Insomnia







external practicing

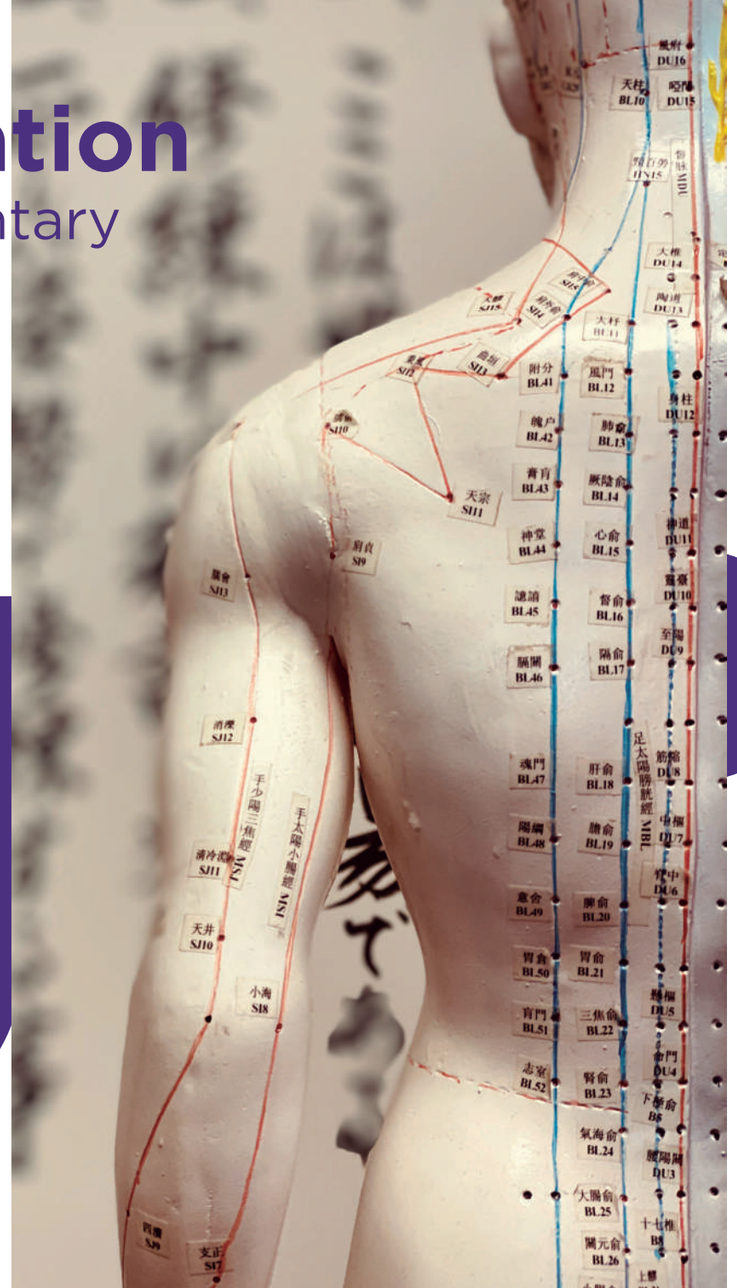
Through comprehensive training at both a theoretical and practical level, starting at Level 2 the student will have the opportunity to carry out fully supervised external practicing that we offer to begin with adaptation for the future.

specialization
and complementary training

During the course, your interest in certain specific subjects will grow.

To help you specialize in them, you can access the complementary courses that we offer with discounts and preferential access.

- **Sotai Ho®**
- **Kogao Japan®**
  (Western Skin Japanese Facelift)
- **Kyukaku.**
  Japanese Cup Technique.
- **Sport recovery | injuries.**
  Shiatsu with Kinesio Taping
- **Shiatsu for pregnancy | postpartum | babies**
- **Shiatsu for mental and emotional recovery.**





social volunteering

These activities are supervised and carried out in the nursing homes of the Sanitas group, where in addition to providing social well-being, the student develops the necessary skills as a future therapist:

- **Patience and empathy**
- **Ability to listen and to explain yoursef clearly**
- **Adaptation to the patient's condition**
- **Observation skills**

shiatsudo.com | Tlf. 913 457 124 | centro@shiatsudo.com



other activities

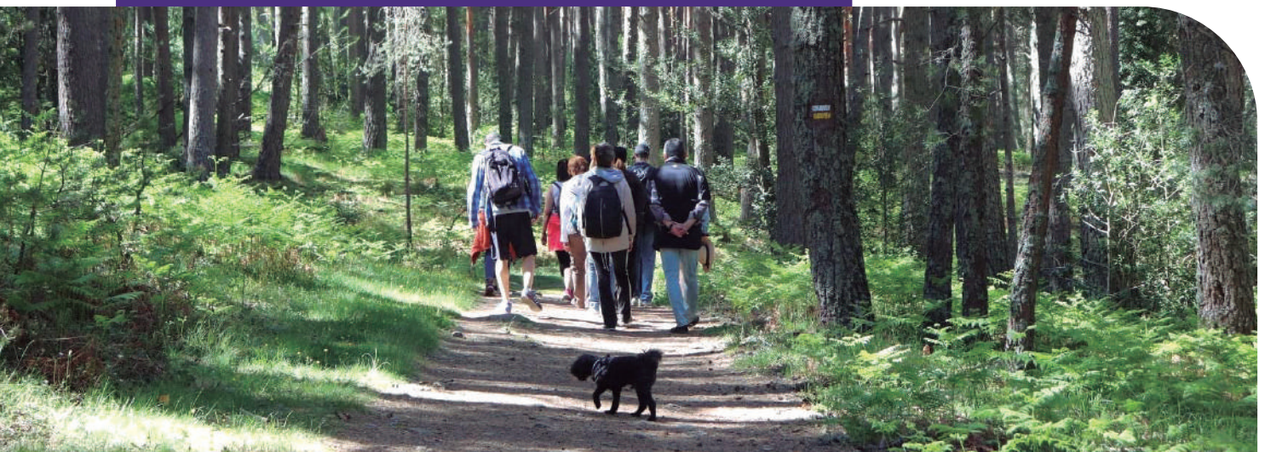
The future professional therapist must have a balanced emotional and physical state and for this...





An added value of this course is that at the end of your studies you can choose to complete your training at the prestigious Japan Shiatsu College, traveling to Japan with your colleagues.

During the program we make several nature excursions





fees

FULL COURSE
Enrolment : €190 per level 1 & 2.

Regular level fee : € **2,550 per level**

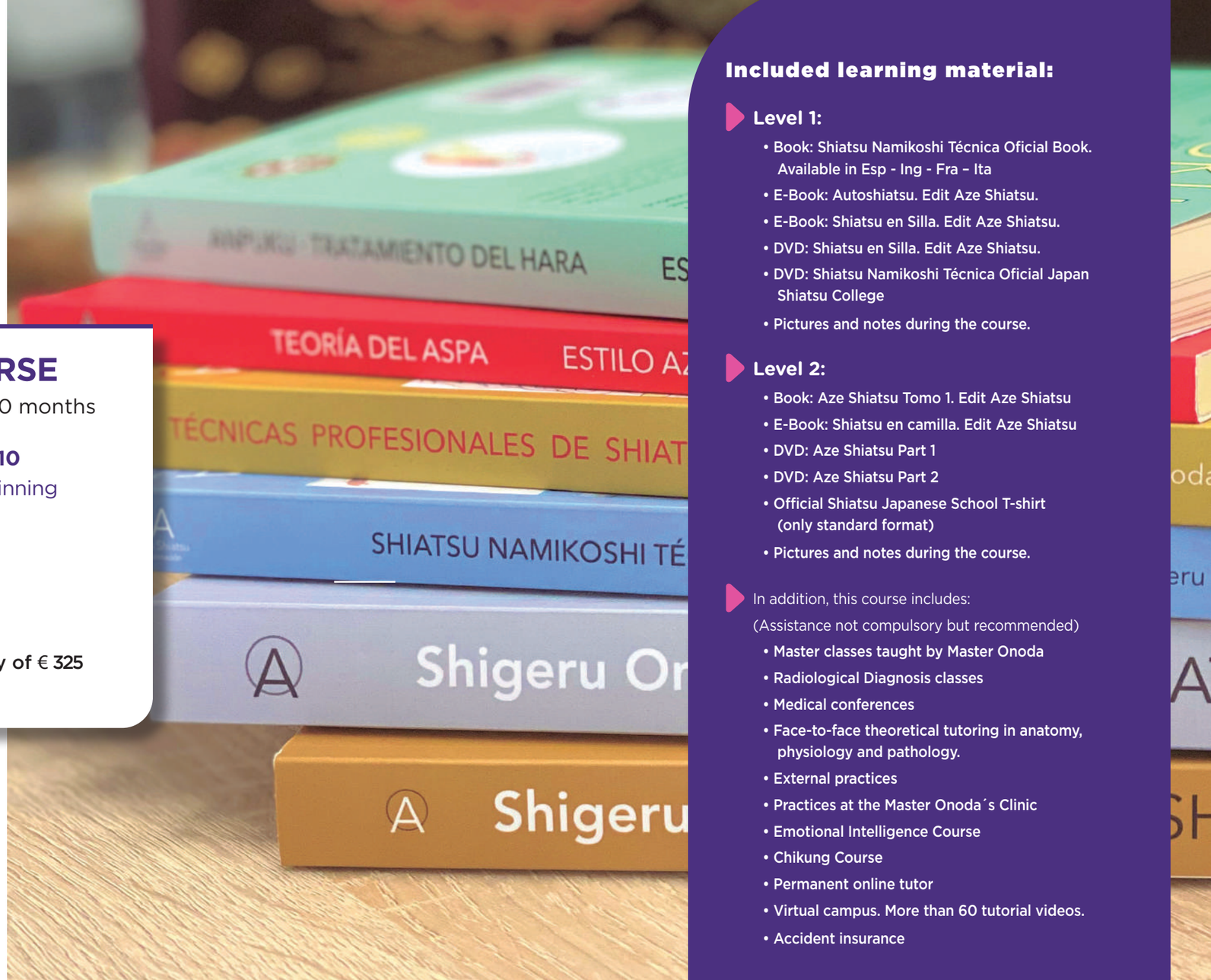
Save € 510 for unemployed, over 65 years old and under 25 years old.
Also available for health professionals and university graduates with studies related to health sciences who request validation (level 1 anatomy and level 2 physiology).

FULL COURSE

Levels 1 and 2 in 10 months

- BEST CHOICE. **SAVE €510**
  Full payment at the beginning of the course
  10% total discount
  Total : € 4,590

- FLEXIBLE. Monthly
  € 1200 initial + 12 monthly of € 325
  Total : € 5,100



Included learning material:

Level 1:

- Book: Shiatsu Namikoshi Técnica Oficial Book. Available in Esp - Ing - Fra – Ita
- E-Book: Autoshiatsu. Edit Aze Shiatsu.
- E-Book: Shiatsu en Silla. Edit Aze Shiatsu.
- DVD: Shiatsu en Silla. Edit Aze Shiatsu.
- DVD: Shiatsu Namikoshi Técnica Oficial Japan Shiatsu College
- Pictures and notes during the course.

Level 2:

- Book: Aze Shiatsu Tomo 1. Edit Aze Shiatsu
- E-Book: Shiatsu en camilla. Edit Aze Shiatsu
- DVD: Aze Shiatsu Part 1
- DVD: Aze Shiatsu Part 2
- Official Shiatsu Japanese School T-shirt (only standard format)
- Pictures and notes during the course.

In addition, this course includes:
(Assistance not compulsory but recommended)

- Master classes taught by Master Onoda
- Radiological Diagnosis classes
- Medical conferences
- Face-to-face theoretical tutoring in anatomy, physiology and pathology.
- External practices
- Practices at the Master Onoda´s Clinic
- Emotional Intelligence Course
- Chikung Course
- Permanent online tutor
- Virtual campus. More than 60 tutorial videos.
- Accident insurance

our students share their experiences

We share some of the experiences of the students who have completed our program.



Pablo Q.
8ª Promoción

"La EJS Madrid es la escuela que me enseñó el Shiatsu y me dió esta profesión para son ya 25 años. Gracias!"

Escuela Japonesa de Shiatsu Sede América.
C/Principal, 19. La Paz de Chame. Panamá Oeste
www.shiatsupanama.com

Marie O.
22ª Promoción

"Excelente escuela donde se aprende verdadero Shiatsu!"

Prem I.
24ª Promoción

"Profundizar en el cuerpo ha sido maravilloso."

Prem Isi Shiatsu | Rúa Ánimas 3.
36208 Vigo, Pontevedra - Spain.
shiatsupremisi.com

Diego M.
26ª Promoción

"Muy recomendable. Me formé en Madrid para traerlo a Argentina. Muy contento"

Briony C.
21ª Promoción

"Updated and easy to understand teaching methodology. I really enjoyed my Shiatsu classes. I totally recommend it."

Dimitris T.
24º Promoción

"En la Escuela Japonesa de Shiatsu encontré un hogar y una familia."

Center of Holistic Medicine Neijia | Thrakis 4,
Limassol, Cyprus. Tel.+(0035) 7963 73054

Katia G.
International student

"Las clases en las que he participado en la Escuela Japonesa de Shiatsu con el maestro Onoda me han aportado un mayor conocimiento y profundización en la técnica y arte del Shiatsu."

Sakura Centro Shiatsu. Tel. +(0041) 76 3809300 |6952
Canobbio, (TI) Suiza

Mauro S.
23º Promoción

"La mia esperienza nella scuola è stata ottima grande insegnamento, professionalità competenza e cortesia ottima scuola consigliata a chi vuole imparare Shiatsu."

Zuleika R.
21º Promoción

"Es uno de los mejores centros de estudio por el que he pasado, donde se estudia cómo tratar a personas, no a una patología como algo separado de la persona. Ofrecer una visión global en el tratamiento del ser humano aportando información de calidad extraordinaria. Con buenas clases prácticas... con muy buenos profesores. Para mi ha sido muy buena experiencia y me ha aportado muchas alternativas."

Vera C.
12ª Promoción

"Sobre todo, el maestro me ha enseñado bo shin, observar al paciente detenidamente y setsu shin, sentir dónde hay que presionar y con qué intensidad. Aunque estoy lejos, a diario todavía oigo sus comentarios cuando estoy tratando los pacientes con shiatsu."

Vera Medisch Shiatsu & Okido Yoga| Brongouw 135
1352. Almere - Netherlands.
Email: veracarbaat@gmail.com
Web: bezoekalmere.nl



Luis S.
24ª Promoción

"He aprendido con los mejores. Gracias"

Adrián G.
27ª Promoción

"Después de realizar el curso profesional en la Escuela Japonesa de Shiatsu, me gustaría destacar, la excelente formación que ofrecen en todos los niveles del shiatsu. Desde el momento inicial todo un equipo de profesionales dedicados al shiatsu estuvieron a mi disposición para ayudarme y guiarme en lo que pudiese necesitar. Adoran esta técnica y eso se nota a la hora de transmitirnos a sus alumnos, los conocimientos del auténtico Shiatsu japonés."

Kenko Shiatsu Madrid.

Anne Firket
International student

"A precise and professional education. Highly recommended!"

Centre Sportif d'Etterbeek | Rue des Champs 71. 1140 Bruxelles
Facebook: Anne Firket Shiatsu Bruxelles |
Instagram: Anne Firket Shiatsu

EJS INTERNATIONAL Shiatsu School

MAIN OFFICE

Escuela Japonesa de Shiatsu Madrid: Av. de Asturias, 22, Local, 28029 Madrid, España
centro@shiatsudo.com. *shiatsudo.com* (+34) 913 45 71 24

ITALY'S OFFICE

ESCUELA JAPONESA DE SHIATSU
Vis Dell'archio di Stato 15 | Scuola Italiana
Operatori Shiatsu, Roma - Italia

centro@shiatsudo.com

"Shiatsu that cannot heal the patient is not shiatsu."

Master Shigeru Onoda