

PROFESSIONAL SHIATSU COURSE Shiatsupractor® Titling

Aze Shiatsu by Master Onoda

LEVEL 3



Promotion 2027 Start Sep 2026 - End Jun 2027



Master Classes

WEDNESDAYS from 10:00-12:00 or from 18:00-20:00

2026	2027
18 Nov 2026	24 Feb 2027
	14 Apr 2027
	19 May 2027

Health Sciences III - Pathology

SATURDAYS ONLINE Classes: 18:00h to 19:30h | Exams: 10:00h to 23:00h

BLOCK 01/03	BLOCK 02/03	BLOCK 03/03
Class 01/03 → 14 Nov 2026	Class 02/03 → 06 Feb 2027	Class 03/03 → 15 May 2027
Exam 01/03 → 28 Nov 2026	Exam 02/03 → 20 Feb 2027	Exam 03/03 → 29 May 2027

Fees

Registration fee: 220€ and **General Fee:** 2500€.

Payment methods General Fee:

- **One-time payment** with 10% discount = 2250€.
- **Flexible:** 10 monthly installments of 250€ = 2500€.

Material included

- Books:**
- Aze Shiatsu Lateral Decubitus
 - Shiatsu to Balance the Body - Kyo Jitsu Method
 - Shiatsu Neck Treatment
- DVDs:**
- Aze Shiatsu - Lateral Decubitus Treatment
 - Aze Shiatsu - Lateral Stretches and Mobilizations
- Sheets:**
- Aze Shiatsu Theory
 - Psoas Iliacus Muscle 2

The Professional course includes:

Palpatory anatomy classes + radiological diagnosis classes + medical lectures + Master Onoda's supervisions + Online tutorials + Online science videos + Chikung classes.

These classes are recommended but not mandatory. The extra classes have a limited capacity, therefore, will have preference of access to students of Level 2 and 3. **Prior reservation is required.**

Training Shiatsupractor qualification.



Month #1 September 2026	Tuesday	Saturday
Week. 01 · Aze Shiatsu: Lateral Decub. Head (1 to 15)	08 (Sep)	26 (Sep)
Week. 02 · Aze Shiatsu: Lateral Decub. Back (16 a 28)	15 (Sep)	
Week. 03 · Aze Shiatsu: Lateral decub. Lower extremity (29 to 40)	22 (Sep)	
Week. 04 · Aze Shiatsu: Lateral decub. Lower extremity (40 to 58)	29 (Sep)	

Month #2 October 2026	Tuesday	Saturday
Week. 05 · Aze Shiatsu: Review of treatments	06 (Oct)	17 (Oct)
Week. 06 · Aze Shiatsu: Stretching (1 to 16)	13 (Oct)	
Week. 07 · Aze Shiatsu: Stretching (17 to 38)	20 (Oct)	
Week. 08 · Aze Shiatsu: Adhesive Capsulitis 1. Treatments	27 (Oct)	

Month #3 November 2026	Tuesday	Saturday
Week. 09 · Aze Shiatsu: Neck Stiffness	03 (Nov)	21 (Nov)
Week. 10 · Aze Shiatsu: Pregnancy	10 (Nov)	
Week. 11 · Aze Shiatsu: Pregnancy 2	17 (Nov)	
Week. 12 · Aze Shiatsu: Kyo Jitsu. Theory and Practice 1	24 (Nov)	

Month #4 December 2026	Tuesday	Saturday
Week. 13 · Aze Shiatsu: Kyo Jitsu. Theory and Practice 2	01 (Dec)	12 (Dec)
Week. 14 · Aze Shiatsu diagnosis of the 5 elements	15 (Dec)	
Week. 15 · Theory of Aspa and how to use the body	22 (Dec)	

Month #5 January 2027	Tuesday	Saturday
Week. 16 · Theory of Aspa and how to use the body 2	12 (Jan)	16 (Jan)
Week. 17 · Kan Jin Kaname Aze Shiatsu diagnosis of the 5 elements 2	19 (Jan)	
Week. 18 · Sotai Ho	26 (Jan)	

Month #6 February 2027	Tuesday	Saturday
Week. 19 · Aze Shiatsu: In massage table 1	02 (Feb)	13 (Feb)
Week. 20 · Aze Shiatsu: In massage table 2	09 (Feb)	
Week. 21 · Autoshiatsu Aze 1	16 (Feb)	
Week. 22 · Autoshiatsu Aze 2	23 (Feb)	

Tuesdays: Morning group: Tuesdays from 12:00 to 14:00
 Afternoon group: Tuesdays from 18:00 to 20:00

Weekends: Saturdays from 10:00 to 14:00 and from 15:30 to 19:30

Month #7 March 2027	Tuesday	Saturday
Week. 23 · Nagare Oshi: Drag pressure 1	02 (Mar)	13 (Mar)
Week. 24 · Nagare Oshi: Drag pressure 2	09 (Mar)	
Week. 25 · Aze Shiatsu: Eliminate slack 1	16 (Mar)	
Week. 26 · Aze Shiatsu: Eliminate slack 2	23 (Mar)	
Week. 27 · Aze Shiatsu: In massage table 3	30 (Mar)	

Month #8 April 2027	Tuesday	Saturday
Week. 28 · Autoshiatsu Aze 3	06 (Apr)	10 (Apr)
Week. 29 · Autoshiatsu Aze 4	13 (Apr)	
Week. 30 · Treatment of low back pain 1	20 (Apr)	
Week. 31 · Treatment of low back pain 2	27 (Apr)	

Month #9 May 2027	Tuesday	Saturday
Week. 32 · Treatment of cervicalgia 1	04 (May)	08 (May)
Week. 33 · Treatment of cervicalgia 2	11 (May)	
Week. 34 · Zukan Soku Netsu	18 (May)	
Week. 35 · Jyo Kyo Ka Jitsu	25 (May)	

Month #10 June 2027	Tuesday	Saturday
Week. 36 · Ampuku Treatment through the abdomen 1	01 (Jun)	12 (Jun)
Week. 37 · Ampuku Treatment through the abdomen 2	08 (Jun)	
Week. 38 · Sotai Ho 2	15 (Jun)	
Week. 39 · Treatment of cervicalgia 3	22 (Jun)	
Week. 40 · EJS Graduation	29 (Jun)	



