



Start Sat/Sun, 28th/29th January 2023 - End Sat, 15th July 2023

2023

**Validation Namikoshi Shiatsu
Direct access to Level 2
Professional Shiatsu Course
Level test included**

Fee: Registration 160 € +
General fee 2.100 €

Payment methods General Fee:

One-time payment: 1890€ (10% dto.)

Flexible: 5 x 420€ (monthly fee from
January to May)

Shiatsu Technician Aze Shiatsu®

7 weekend-seminars



EJS INTERNATIONAL
Shiatsu School



MONTH 1	SA 28.01	<ul style="list-style-type: none"> • LEVEL TEST TO VALIDATE NAMIKOSHI SHIATSU
	SU 29.01	<ul style="list-style-type: none"> • Introduction to Level 2 • What is Aze Shiatsu? Differences between Namikoshi Shiatsu and Aze Shiatsu • Aze Shiatsu on a stretcher #1 • Aze Shiatsu on a stretcher #2 • Location and pressure key points: 16VG, 10V, 12-20VB
MONTH 2	SA 25.02	<ul style="list-style-type: none"> • Aze Shiatsu: Prone position (back I) • Shiatsu and physiological functions 1: Pressure effect on the body, skin, muscles and circulatory system • Location and pressure key points: 11-13-14-15-43V, 21VB, 9-10-11 ID. • Shiatsu and physiological functions 2: Nervous, endocrine, digestive, skeletal and immune system • Aze Shiatsu: Prone position (back II) • Location and pressure key points: 18-19-20-21-22-23-25V-27V-28V, 25-30VB and Namikoshi point.
	SU 26.02	<ul style="list-style-type: none"> • Aze Shiatsu: Prone position (back II) • Location and pressure key points 36-37-40-55-57-60V-3R. • Aze Shiatsu: Prone position (lower extremities: plantar and stretching) • Eight movements of the spine • Traditional Chinese Medicine: Yuketsu and Boketsu • Theory and practice with Shiatsu. Viscerocutaneous reflexes
MONTH 3	SA 25.03	<ul style="list-style-type: none"> • Aze Shiatsu: FIRST TEST OF SHIATSU • Aze Shiatsu: Supine position (lower extremity: from inguinal region to medial calcaneus) • Location and pressure key points: 6-10BP, 8H, 3R • Aze Shiatsu: Supine position (lower extremity: from lateral femoral region to the end) • Location and pressure key points: 31-41VB, 36-41E, 3H
	SU 26.03	<ul style="list-style-type: none"> • Aze Shiatsu: Supine position (head and face) • Location and pressure key points: 1-14VB, 20 VG • Aze Shiatsu: Supine position (the neck) • Location and pressure key points: 9E • Aze Shiatsu: Supine position (thorax) • Location and pressure key points: 27R, 1P, 17VC • Aze Shiatsu: Supine position (upper extremity) • Location and pressure key points: 1-7C, 5-9-10P, 7-8MC, 3ID, 3-4-5TR, 4-5-10-11-15IG
MONTH 4	SA 29.04	<ul style="list-style-type: none"> • Aze Shiatsu: Abdomen • Location and pressure key points: 3-4-5-12-14VC, 25E, 13-14H, 24VB • Structural analysis of the body • Aspa treatment: Theory, stretching, location of tension zones • The reciprocating technique and the ankle rotation • Five points Notice
	SU 30.04	<ul style="list-style-type: none"> • Aze Shiatsu: SECOND TEST OF SHIATSU • Kyo-Jitsu: Theory, pressure form and four basic typologies • The four symptomatic phases of the inter-scapular zone (43V) • Aze Shiatsu: Supine decubitus review
MONTH 5	SA 27.05	<ul style="list-style-type: none"> • Stretching #1 • Stretching #2 • Sotai-Ho #1 • Sotai-Ho #2
	SU 28.05	<ul style="list-style-type: none"> • Holistic Shiatsu treatment: Seven basic techniques • Full session of Aze Shiatsu • Field of application of Shiatsu. Disorders in which Shiatsu should not be applied • Pain healing process
MONTH 6	SA 24.06	<ul style="list-style-type: none"> • Aze Shiatsu: THIRD TEST OF SHIATSU • Breathing of the joints
	SU 25.06	<ul style="list-style-type: none"> • Organization time in a Shiatsu session • Materials, organization, insurance and doubts... needed to start working as a Shiatsu therapist next year.
MONTH 7	SA 15.07	<ul style="list-style-type: none"> • Patient care • Data Protection Act • Full Shiatsu session among students